Yoga, Patanjali and Self Awareness

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One of the best examples which prove that no stupid person can ever achieve self-awareness is provided by an essay written long ago by a Sanskrit scholar called Patanjali who wrote the Yoga Sutras. I came across the Yoga Sutras while in the military. I aggressively borrowed the book. The translation of those Sutras was so bad it gave me a headache just trying to read it, but I persisted because I could see, even though I did not know Sanskrit, that the translator was not, at all, following the actual text. I could tell, the translator was a brain dead mystic, but I was curious to know more about what the author was actually saying. My mind naturally goes down to first principles, including actual source material.

The Yoga Sutras are an excellent example of how simple minded people cannot understand an intelligent author and thus they transform something intelligent, something beautiful, into mystic rubbish. This has been done to the *Bible*, to the *Dialogs* of Plato, and actually everything stupid people get their hands on. By biological fact, a stupid person cannot reproduce, in mind or behavior, an intelligence they were never born with. Therefore, in the study of any topic, you are satisfied with stupid rumor, or you try to get down to reality, provable fact and this behavior is determined by the intelligence you were born with.

Thus, Patanjali, which, if I remember, is a construct for parallel walking, probably a nick name, does not come down in the annals of philosophy as one of the great teachers of philosophy as defined by Plato, what Plato taught is not actually taught anywhere I know of except in my work, Plato, like Patanjali were teaching factual grammar. Fools may be phenomenal spellers, but that is as far as it goes, spatial reasoning, called geometric, proportional and even metaphorical is beyond their

comprehension. Even the more complicated forms of reasoning is designed to arrive at physical fact, not gibberish, i.e., metaphor is not designed to produce mysticism.

The best grammar scholars in the world understood grammar as a method of paralleling the intelligible to the perceptible and they use metaphor in order to aid in their work. Metaphor is simply citing a common perceptible example of an intelligible concept, i.e., a particular example of a universal concept. Thus, the Yoga Sutras are known only today, by name, not by what the author was actually teaching. This is true of the *Bible*, the *Dialogs* of Plato, and the *Elements* of Euclid, which means, there is a very old dream of human comprehension, of functional human behavior, which still requires real human accomplishment.

The paralleling of the intelligible mind to our perceptible environment is the topic not only of the *Yoga Sutras*, but also the *Bible*, the *Dialogs* of Plato, the *Elements* of Euclid and many other works. Each of them taught commensurate with the mental abilities of their respective authors.

The stupid of the earth cannot even read these works; instead they spout gibberish about everything. The lesson to learn from this is that self-awareness is contingent on biological fact, the intelligence you are born with. Nobody can teach a biological given, thus only the intelligent comprehend their function as mind; a mind is designed to parallel intelligible virtual constructs to perceptible information in order to accomplish the biologically defined job of that mind.

Sometimes the results of stupidity is very cute, like Yoga being a method of showing how you can be a living pretzel, and by some magical means, you will grow a brain especially if you void the mind of anything constructive and chant a meaningless word to top it off. Very cute, very pathetic too, but mostly the mental gibberish is expressed by sociopathy, as most of it is today. So, if having a functional thought puts you under

stress, put your fingers in your ears and hum really loud, while contorting your body to impersonate your favorite inanimate object; or step in front of a bus doing sixty miles an hour.

Self-awareness is a biological given, you are either born with it or not. It is the ability to locate yourself in the perceptible as well as the intelligible environment.

In the perceptible, we are a mind, a part of a living organism. In the intelligible we are one of the life support systems of the body; as such we have a well defined biologically determined job to perform and well defined physically determined means of doing that job.

We are a symbolic information processor whose job is predictive behavior which, as Patanjali noted, requires us to have the ability to parallel the mind with the body, the intelligible with the perceptible in order to learn and recursively apply what we learn in order to have dominion over, to maintain and protect the entire biosphere, and like Patanjali it is done through the facts about grammar systems. They are memory management systems.

Today there is not one correct grammar book on the planet used for social education, not one.

So, as there are no so called religious who are actually religious, nobody who factually knows science, so too is there nobody today who knows Yoga, parallel walking, unless you really take the metaphor of being one of two dumb yoked oxen as stupid people do. Lots of luck if you practice pretzel magic, I am sure it will help to keep you from bending your mind to fact.

The reason that stupid people claim that salvation is in countless things, except what they are by biological fact, is because they are unaware of what they are, their mind cannot fathom it. So, they will attempt to lead you to the darkness which is actually in them. It is all

they know how to do. The blind can actually only lead the blind, just like the insane are generally unaware that they are insane, neither do the blind suspect that something is very wrong with them. This is a natural consequence of evolving the most powerful life support system possible. It cannot go online, until it reaches a minimal amount of ability to recognize its place in the world, perceptibly and intelligibly.

However, if you are intelligent enough to actually reach the biologically defined mind, one which processes information in accordance with a provable grammar matrix, then you will know what all of the great men in history, generally grammar teachers, were trying to share as actual enlightenment as defined by a functional living life support system also known as the salvation of man.

Stupid people claim that it is impossible for the entire world to be wrong, and one individual to be right. I suggest to those people to study the bell curve of intelligence, and reach a factual conclusion; it is not likely that the answer of the common man could possibly be true; you cannot express an intelligence you were never born with. This is why the establishment of the Grammar Matrix is of such high importance. As one can parallel, remember Patanjali? Geometry with every other system of grammar, one can produce a working model of every logical process, so that no matter how intelligent you are, you can follow the map to a conclusion, even though the whole of the map escapes you. The Grammar Project requires people with sufficient intelligence to make it available, a reality, to the whole of humanity. Science claims to be looking for Artificial Intelligence, which is impossible, in some sense, they are looking for what I am working on, only so far, I have not met anyone with the intelligence to comprehend it. They are looking for the ability to parallel the intelligible with the perceptible, and that has a very long history. It is what we are being made for.

If one does not know their place in the world, they also do not know the place in the world of those sources which all say one and the same thing, the destiny of mankind as a functional form of life, the likes of which this world has never seen, nor the likes of which, even today, the majority of mankind can even comprehend.

As history demonstrates, Yoga, as envisioned by Patanjali, is no more achievable as when Christ, Moses, Plato, Euclid, your own biology, and even the computer today testify to, if you are simply stupid. No man sets the destiny of man, it is simple biological fact. A mind is evolving to become the most powerful life support system possible, and all the gibberish in the world is absolutely nothing but walking in piles of shit.